

### **SOLUTIONS AND NEXT STEPS THAT PEOPLE SUGGESTED:**

- Encourage Sponsors to put more emphasis on the importance of doing service with their sponsees, asking them to give back by becoming sponsors
- Discuss realistic expectations on what a sponsor's responsibilities are while lightening up on the need for perfection
- Becoming a sponsor is a discovery process...someone who can get us started, answer questions on a more personal level.
- Have people share on the benefits of being a sponsor
  
- Create a task force to explore writing a unified statement on sponsorship to be discussed and voted on in meetings? Would that be useful to develop consistency?
- Provide guidance and more frequent support to potential sponsors - have round table discussions, speaker meetings, workshops on how to be a sponsor etc
- Saturday Parent's meeting is having a speaker meeting on June 23 with a sponsor and a sponsee sharing together on the topic of sponsorship.

### **CONCLUSION**

- Sponsorship is a bond focused on Alanon's 4 primary ideas:
  - We are powerless over the problem of alcoholism
  - We can turn our lives over to a power greater than ourselves
  - We need to change both our attitude and our actions
  - We keep Alanon's gifts by sharing them with others
- My hope after today is that more people will be inspired and have more willingness to sponsor after hearing the benefits to their own recovery and knowing that there is no perfect way to sponsor – Sponsor and sponsee define the relationship.
- It is the willingness to reach out that will expand our community of hope long after all of us here today are gone.

**Close with reading: *Hope for Today, Nov. 24<sup>th</sup>, pg 329* MARY O.**

**Al-Anon Declaration and the Serenity Prayer**